



WOMEN'S CROSS COUNTRY

2014-15 GLVC RECORDS BOOK 2nd Edition



GLVC RECORDS BOOK PHASE I

This second edition is considered the first of two phases in compiling the GLVC Records Book. Phase I includes all-time standings, GLVC/NCAA Championships and results, GLVC postseason honors, GLVC academic accolades, and major year-end GLVC awards. Phase II will focus primarily on statistics, records, and regional/national honors.

WOMEN'S CROSS COUNTRY

GLVC CHAMPIONSHIPS RESULTS

TEAM	T	I	App.	YEAR
Ashland*	9	4	11	1984-85-86-87-88-89-90-91-92-93-94
UW-Parkside	8	3	19	1995-96-97-98-99-00-01-02-03-04-05-06-07-08-09-10-11-12-13
Southern Indiana	8	5	26	1984-85-86-91-92-93-94-95-96-97-98-99-00-01-02-03-04-05-06-07-08-09-10-11-12-13
Lewis	3	10	30	1984-85-86-87-88-89-90-91-92-93-94-95-96-97-98-99-00-01-02-03-04-05-06-07-08-09-10-11-12-13
Bellarmine	1	4	29	1984-85-86-87-88-89-90-91-92-93-94-95-96-97-98-99-00-01-02-04-05-06-07-08-09-10-11-12-13
Indianapolis	1	1	29	1985-86-87-88-89-90-91-92-93-94-95-96-97-98-99-00-01-02-03-04-05-06-07-08-09-10-11-12-13
Saint Joseph's	0	2	26	1984-86-87-91-92-93-94-95-96-97-98-99-00-01-02-03-04-05-06-07-08-09-10-11-12-13
SIU Edwardsville*	0	1	13	1995-96-97-98-99-00-01-02-03-04-05-06-07
Northern Kentucky*	0	0	26	1985-86-87-88-89-90-91-92-93-95-96-97-98-99-00-01-02-03-04-05-06-07-08-09-10-11
IPFW*	0	0	10	1985-89-90-91-92-93-96-97-98-99
Drury	0	0	9	2005-06-07-08-09-10-11-12-13
Missouri S&T	0	0	8	2005-06-08-09-10-11-12-13
Kentucky Wesleyan*	0	0	6	1984-07-08-10-11-12
Maryville	0	0	5	2009-10-11-12-13
Quincy	0	0	5	1997-98-10-12-13
Kentucky State*	0	0	4	1990-91-92-94
William Jewell	0	0	3	2011-12-13
McKendree	0	0	2	2012-13
Rockhurst	0	0	1	2013
Truman State	0	0	1	2013

T-team champion | I-individual champions | c-co-champion | * No longer GLVC Member

GLVC CHAMPIONSHIPS RESULTS

1984 (at Kentucky Wesleyan | 5K)

1. Ashland	17
2. Saint Joseph's	53
3. Southern Indiana	78
4. Bellarmine	102
5. Lewis	142
6. Kentucky Wesleyan	155
7. IPFW	inc.
Indianapolis	inc.

1. Alane Keefer, AU	18:41
2. Debbie Gresens, AU	19:07
3. Sue Borawski, AU	19:14
4. Lorna Eyink, SJC	19:35
5. Kathy Lennox, AU	19:47

1985 (at Lewis | 5K)

1. Ashland	16
2. Southern Indiana	68
3. Lewis	100
4. Indianapolis	103
5. Bellarmine	112
6. IPFW	145
7. Northern Kentucky	168
Saint Joseph's	inc.

1. Alane Keefer, AU	18:26
2. Debbie Gresens, AU	18:41
3. Sue Borawski, AU	18:52
4. Shari Coressel, AU	18:53
5. Krystal Walker, IPFW	19:00

1986 (at Southern Indiana | 5K)

1. Ashland	32
2. Saint Joseph's	43
3. Southern Indiana	79
4. Lewis	131
Indianapolis	131
6. Bellarmine	135
7. Northern Kentucky	140

1. Karen Austin, SJC	19:05
2. Shannan LaFave, AU	20:07
3. Tina Smith, USI	20:10
4. Wendy Schlarb, AU	20:12
5. Shari Coressel, AU	20:16

1987 (at Saint Joseph's | 5K)

1. Ashland	37
2. Lewis	44
3. Saint Joseph's	73
4. Bellarmine	75
5. Indianapolis	126
6. Northern Kentucky	168
IPFW	inc.

1. Vicki Mravca, LEWIS	19:25
2. Bev Akers, LEWIS	19:30
3. Mary Bohney, BU	19:37
4. Julie Myers, AU	19:41
5. Karen Deno, SJC	19:42

1988 (at Northern Kentucky | 5K)

1. Ashland	22
2. Lewis	53
3. Indianapolis	65
4. Bellarmine	122
5. Northern Kentucky	136
Saint Joseph's	inc.

1. Kathy Casey, UINDY	20:07
2. Lisa Hopson, AU	20:12
3. Debbie Plaza, AU	20:23
4. Julie Myers, AU	20:25
5. Shannon LaFave, AU	20:33

1989 (at IPFW | 5K)

1. Ashland	16
2. Lewis	55
3. Indianapolis	76
4. Northern Kentucky	122
5. Bellarmine	133
6. Saint Joseph's	158
7. IPFW	184
Kentucky State	inc.

1. Lisa Hopson, AU	19:22
2. Julie Haase, AU	19:23
3. Mary Beal, AU	19:39
4. Julie Myers, AU	19:41
5. Wileen Gausman, LEWIS	19:44

1990 (at Ashland | 5K)

1. Lewis	37
2. Indianapolis	41
3. Ashland	57
4. Bellarmine	118
5. Northern Kentucky	142
6. IPFW	165
7. Kentucky State	173
Saint Joseph's	inc.

1. Wileen Gausman, LEWIS	18:14
2. Lisa Hopson, AU	18:35
3. Laura Kelley, LEWIS	19:10
4. Julie Haase, AU	19:22
5. Jenny Field, UINDY	19:26

1991 (at Bellarmine | 5K)

1. Ashland	35
2. Indianapolis	50
3. Lewis	67
4. Saint Joseph's	132
5. Kentucky State	155
6. Bellarmine	160
7. Northern Kentucky	163
8. IPFW	191
9. Southern Indiana	194

1. Wileen Gausman, LEWIS	18:23
2. Heather Guyer, AU	18:54
3. Lisa Hopson, AU	18:58
4. Michelle Faulkner, UINDY	18:59
5. Glenna Bower, USI	19:00

WOMEN'S CROSS COUNTRY

GLVC CHAMPIONSHIPS RESULTS

1992 (at IPFW | 5K)

1. Indianapolis	39
2. Ashland	54
3. Southern Indiana	73
4. Lewis	76
5. Saint Joseph's	126
6. Bellarmine	184
7. IPFW	188
8. Northern Kentucky	211
9. Kentucky State	243

1. Julie Haase, AU	18:31
2. Wileen Gausman, LEWIS	18:37
3. Michelle Faulkner, UINDY	19:13
4. Amy Potts, UINDY	19:15
5. Carol Bottom, USI	19:21

1993 (at Kentucky State | 5K)

1. Ashland	39
2. Indianapolis	53
3. Saint Joseph's	66
4. Southern Indiana	110
5. Lewis	128
6. IPFW	130
7. Northern Kentucky	178
8. Bellarmine	220

1. Laura Witek, SJC	18:17
2. Jennifer Galbraith, USI	18:21
3. Angie Castellucci, AU	18:40
4. Brenda Liechty, UINDY	18:41
5. Beth Walters, UINDY	18:42

1994 (at Lewis | 5K)

1. Ashland	43
2. Southern Indiana	76
3. Lewis	78
4. Saint Joseph's	86
5. Indianapolis	92
6. Bellarmine	187
7. Kentucky State	234
IPFW	inc.
Northern Kentucky	inc.

1. Magdalena Paszta, LEWIS	18:11
Malgorzata Biela, LEWIS	18:11
3. Jennifer Gallbraith, USI	18:35
4. Laura Witek, SJC	18:40
5. Kelly Kish, AU	18:43

1995 (at Silver Grove, Ky. | 5K)

1. UW-Parkside	41
2. Southern Indiana	51
3. Lewis	90
4. SIU Edwardsville	112
5. Saint Joseph's	123
6. Indianapolis	147
7. Bellarmine	175
8. Northern Kentucky	185

1. Magdalena Paszta, LEWIS	18:37.00
2. Malgorzata Biela, LEWIS	18:37.00
3. Amy Roll, USI	18:44.00
4. Amy Haines, UWP	18:44.62
5. Laura Witek, SJC	19:11.00

1996 (at Quincy | 5K)

1. Lewis	23
2. UW-Parkside	47
3. Southern Indiana	91
4. Saint Joseph's	112
5. SIU Edwardsville	114
6. Indianapolis	147
7. IPFW	199
8. Bellarmine	218
9. Northern Kentucky	226

1. Kasia Arient, LEWIS	17:18
2. Magdalena Paszta, LEWIS	18:09
3. Margozata Biela, LEWIS	18:09
4. Laura Witek, SJC	18:27
5. Wendy Licht, UWP	18:36

1997 (at Saint Joseph's | 5K)

1. Lewis	19
2. Southern Indiana	57
3. UW-Parkside	58
4. SIU Edwardsville	109
5. Indianapolis	133
6. Saint Joseph's	191
7. Northern Kentucky	201
8. Bellarmine	204
9. Quincy	257
IPFW	257

1. Magdalena Paszta, LEWIS	16:59
2. Kasia Arient, LEWIS	17:11
3. Malgorzata Biela, LEWIS	17:29
4. Beth Baysler, LEWIS	17:48
5. Laura Peterson, UWP	18:00

1998 (at SIU Edwardsville | 6K)

1. Southern Indiana	38
2. UW-Parkside	41
3. Lewis	122
4. SIU Edwardsville	123
5. Indianapolis	131
6. Northern Kentucky	185
7. Saint Joseph's	194
8. Bellarmine	204
9. IPFW	218
10. Quincy	229

1. Kasia Arient, Jr., LEWIS	21:06.50
2. Beth Baysler, Sr., LEWIS	21:43.20
3. Laura Petersen, Jr., UWP	21:48.10
4. Nicole Shepler, Jr., USI	21:53.50
5. Christy Moore, Sr., USI	22:20.90

1999 (at Indianapolis | 6K)

1. Southern Indiana	43
2. UW-Parkside	58
3. SIU Edwardsville	90
4. Lewis	101
5. Bellarmine	141
6. Indianapolis	160
7. Northern Kentucky	180
8. Saint Joseph's	186
9. IPFW	255

1. Marianna Vidovic, Jr., LEWIS	22:03.40
2. Agnes Stalmach, Fr., LEWIS	22:25.20
3. Laura Petersen, Sr., UWP	22:29.60
4. Maria Harriman, So., UINDY	22:33.30
5. Melissa Eddy, Jr., USI	22:47.60

2000 (at Southern Indiana | 6K)

1. UW-Parkside	57
2. Southern Indiana	76
3. Bellarmine	85
4. Indianapolis	86
5. Lewis	126
6. Saint Joseph's	135
7. SIU Edwardsville	149
8. Northern Kentucky	175

1. Amber Antonia, Jr., UWP	21:52.73
2. Marcia Harriman, Jr., UINDY	22:12.42
3. Mariana Vidovic, Sr., LEWIS	22:26.19
4. Jennifer Scheerer, So., BU	22:34.56
5. Erin Vagedes, Fr., UINDY	22:37.04

2001 (at Bellarmine | 6K)

1. UW-Parkside	42
2. Indianapolis	62
3. Bellarmine	78
4. SIU Edwardsville	112
5. Saint Joseph's	115
6. Northern Kentucky	134
7. Southern Indiana	160
8. Lewis	228

1. Jennifer Scheerer, Jr., BU	22:15.2
2. Amber Antonia, Sr., UWP	22:31.0
3. Maria Harriman, Sr., UINDY	22:52.3
4. Erin Enright, Jr., UWP	23:12.7
5. Natalie Malone, Jr., UINDY	23:23.4

2002 (at UW-Parkside | 6K)

1. UW-Parkside	57
2. Southern Indiana	70
3. Indianapolis	91
4. SIU Edwardsville	95
5. Bellarmine	110
6. Northern Kentucky	145
7. Saint Joseph's	164
8. Lewis	207

1. Jennifer Scheerer, Sr., BU	21:59
2. Natalie Malone, Sr., UINDY	22:28
3. Casey Schneider, So., USI	22:31
4. Robyn Stevens, So., UWP	22:36
5. Molly Wallace, So., BU	22:38

2003 (at Lewis | 6K)

1. Southern Indiana	27
2. SIU Edwardsville	53
3. UW-Parkside	91
4. Indianapolis	102
5. Northern Kentucky	133
6. Saint Joseph's	136
7. Lewis	168

1. Breanne Steffens, Sr., SIUE	22:31.1
2. Jenny Farmer, Sr., USI	22:51.5
3. Heather Cooksey, So., USI	23:02.4
4. Casey Schneider, Jr., USI	23:21.8
5. Molly Wallace, Jr., BU	23:23.3

WOMEN'S CROSS COUNTRY

GLVC CHAMPIONSHIPS RESULTS

2004 (at Northern Kentucky | 6K)

1. UW-Parkside	47
2. Southern Indiana	60
3. Bellarmine	65
4. Indianapolis	96
5. Northern Kentucky	125
6. SIU Edwardsville	131
7. Lewis	175
8. Saint Joseph's	215

1. Heather Cooksey, USI	21:32.90
2. Michelle Boldon, UWP	22:24.53
3. Meghan Crowe, BU	22:35.37
4. Molly Wallace, BU	22:39.18
5. Tracy Carskadon, NKU	22:45.92

2005 (at Saint Joseph's | 6K)

1. UW-Parkside	51
2. Southern Indiana	54
3. Bellarmine	76
4. Indianapolis	90
5. Northern Kentucky	133
6. Drury	173
7. SIU Edwardsville	211
8. Lewis	212
9. Saint Joseph's	256
10. Missouri-Rolla (S&T)	258

1. Heather Cooksey, USI	19:54.78
2. Meghan Crowe, BU	20:39.11
3. Karen Bower, UINDY	21:09.90
4. Julianne Hoekzema, NKU	21:22.18
5. Naomi Bong, UWP	21:26.68

2006 (at SIU Edwardsville | 6K)

1. UW-Parkside	39
2. Southern Indiana	53
3. Indianapolis	85
4. Northern Kentucky	85
5. Drury	146
6. Bellarmine	147
7. Lewis	192
8. SIU Edwardsville	195
9. Saint Joseph's	238
10. Missouri-Rolla (S&T)	265

1. Allie Shafer, So., USI	21:46.07
2. Valerie Kelly, Jr., UWP	21:51.33
3. Naomi Fulton, Jr., UWP	21:54.60
4. Katy Simutis, Sr., USI	21:59.29
5. Rose Jepakirui, Jr., NKU	22:01.96

2007 (at Indianapolis | 6K)

1. UW-Parkside	46
2. Southern Indiana	75
3. Bellarmine	95
4. Northern Kentucky	120
5. Indianapolis	136
6. Drury	161
7. SIU-Edwardsville	164
8. Lewis	165
9. Saint Joseph's	187
10. Kentucky Wesleyan	324

1. Jessica Lamp, UWP	21:38.09
2. Naomi Fulton, UWP	21:48.08
3. Julianne Hoekzema, NKU	21:54.25
4. Mary Ballinger, USI	22:01.44
5. Valerie Hubbard, UWP	22:32.77

2008 (at Missouri S&T | 6K)

1. Southern Indiana	39
2. UW-Parkside	64
3. Northern Kentucky	80
4. Bellarmine	104
5. Lewis	122
6. Indianapolis	153
7. Drury	221
8. Missouri S&T	222
9. Saint Joseph's	229
10. Kentucky Wesleyan	287

1. Jessica Monson, Sr., UWP	20:43.56
2. Mary Ballinger, Jr., USI	20:59.43
3. Kathryn Hague, So., LEWIS	21:54.54
4. Jenna Siemer, Jr., NKU	21:56.90
5. Amy Hamilton, Fr., UINDY	22:01.08

2009 (at Bellarmine | 6K)

1. Southern Indiana	24
2. Bellarmine	75
3. Northern Kentucky	83
4. UW-Parkside	141
5. Lewis	152
6. Indianapolis	154
7. Missouri S&T	182
8. Drury	197
9. Saint Joseph's	240
10. Maryville	298

1. Mary Ballinger, Sr., USI	21:46.29
2. Amana Porter, So., LEWIS	22:39.26
3. Kathryn Hague, Jr., LEWIS	22:46.57
4. Christy Dixon, Sr., USI	22:48.66
5. Sarah Whiteman, Sr., USI	22:55.66

2010 (at UW-Parkside | 6K)

1. Bellarmine	52
2. Southern Indiana	54
3. UW-Parkside	94
4. Northern Kentucky	107
5. Lewis	114
6. Drury	172
7. Indianapolis	191
8. Missouri S&T	196
9. Saint Joseph's	226
10. Maryville	291
11. Kentucky Wesleyan	324
12. Quincy	367

1. Kathryn Hague, Sr., LEWIS	21:28.2
2. Jackie Henderson, Jr., USI	22:07.4
3. Hope Christie, Jr., UWP	22:11.5
4. Carissa Martin, Jr., BU	22:22.1
5. Meghan Shagena, Sr., BU	22:23.9

2011 (at Southern Indiana | 6K)

1. Southern Indiana	40
2. Bellarmine	46
3. UW-Parkside	63
4. Northern Kentucky	127
5. Lewis	144
6. Indianapolis	176
7. Missouri S&T	178
8. Saint Joseph's	188
9. William Jewell	250
10. Drury	271
11. Maryville	321
12. Kentucky Wesleyan	373
Quincy	inc.

1. Jackie Henderson, Sr., USI	21:38.3
2. Angela Musk, Jr., BU	21:44.0
3. Emily Frith, Fr., BU	21:51.0
4. Lauren Minor, Jr., USI	22:04.0
5. Colleen Conrad, Sr., S&T	22:08.5

2012 (at Drury | 6K)

1. Southern Indiana	42
2. Bellarmine	65
3. Indianapolis	119
4. Maryville	125
5. UW-Parkside	131
6. Drury	157
7. Saint Joseph's	172
8. Lewis	195
9. McKendree	247
10. Missouri S&T	256
11. William Jewell	294
12. Quincy	373
13. Kentucky Wesleyan	388

1. Angela Musk, Sr., BU	21:07.4
2. Emily Frith, So., BU	21:33.3
3. Erin Dolan, Gr., DU	21:38.7
4. Lauren Minor, Sr., USI	21:50.4
5. Jess Watychowicz, Sr., UWP	22:00.5

2013 (at Maryville | 6K)

1. Southern Indiana	56
2. UW-Parkside	75
3. Lewis	82
4. Indianapolis	96
5. Bellarmine	118
6. Drury	173
7. Truman State	187
8. Maryville	202
9. McKendree	220
10. Missouri S&T	250
11. Saint Joseph's	269
12. Rockhurst	376
13. William Jewell	390
14. Quincy	432

1. Emily Frith, Jr., BU	21:12
2. Erika Wilson, Sr., USI	21:37
3. Amanda Farrough, Fr., LEWIS	21:40
4. Kristen Bonsor, So., LEWIS	21:42
5. Augusta Schrader, Jr., USI	22:02

WOMEN'S CROSS COUNTRY

GLVC CHAMPIONSHIPS RESULTS

TEAM CHAMPIONS

1984	Ashland
1985	Ashland
1986	Ashland
1987	Ashland
1988	Ashland
1989	Ashland
1990	Lewis
1991	Ashland
1992	Indianapolis
1993	Ashland
1994	Ashland
1995	UW-Parkside
1996	Lewis
1997	Lewis
1998	Southern Indiana
1999	Southern Indiana
2000	UW-Parkside
2001	UW-Parkside
2002	UW-Parkside
2003	Southern Indiana
2004	UW-Parkside
2005	UW-Parkside
2006	UW-Parkside
2007	UW-Parkside
2008	Southern Indiana
2009	Southern Indiana
2010	Bellarmine
2011	Southern Indiana
2012	Southern Indiana
2013	Southern Indiana

BEST WINNING SCORE

16 - Ashland (1985)
16 - Ashland (1989)
17 - Ashland (1984)
19 - Lewis (1997)
22 - Ashland (1988)

HIGHEST WINNING TOTAL

57 - UW-Parkside (2000)
57 - UW-Parkside (2002)

LARGEST MARGIN OF VICTORY

52 - Ashland (1985)
51 - Southern Indiana (2009)

SMALLEST MARGIN OF VICTORY

2 - Bellarmine (2010)
3 - Southern Indiana (1998)
3 - UW-Parkside (2005)

MOST FINISHERS IN TOP TEN

58 - Southern Indiana
50 - Ashland
45 - UW-Parkside
43 - Lewis
34 - Indianapolis
27 - Bellarmine
16 - Saint Joseph's
10 - Northern Kentucky
7 - SIU Edwardsville
3 - Drury
1 - IUPU-Ft. Wayne
1 - Missouri S&T
1 - William Jewell
1 - McKendree

INDIVIDUAL CHAMPIONS

1984	Alane Keefer, Ashland
1985	Alane Keefer, Ashland
1986	Karen Austin, Saint Joseph's
1987	Vicky Mravca, Lewis
1988	Kathy Casey, Indianapolis
1989	Lisa Hopson, Ashland
1990	Wileen Gausman, Lewis
1991	Wileen Gausman, Lewis
1992	Julie Haase, Ashland
1993	Laura Witek, Saint Joseph's
1994	Magdalena Paszta, Lewis
	Malgorza Biela, Lewis
1995	Magdalena Paszta, Lewis
	Malgorza Biela, Lewis
1996	Kasia Arient, Lewis
1997	Magdalena Paszta, Lewis
1998	Kasia Arient, Lewis
1999	Marianna Vidovic, Lewis
2000	Amber Antonia, UW-Parkside
2001	Jennifer Scheerer, Bellarmine
2002	Jennifer Scheerer, Bellarmine
2003	Breanne Steffens, SIU Edwardsville
2004	Heather Cooksey, Southern Indiana
2005	Heather Cooksey, Southern Indiana
2006	Allison Shafer, Southern Indiana
2007	Jessica Lamp, UW-Parkside
2008	Jessica (Lamp) Monson, UW-Parkside
2009	Mary Ballinger, Southern Indiana
2010	Kathryn Hague, Lewis
2011	Jackie Henderson, Southern Indiana
2012	Angela Musk, Bellarmine
2013	Emily Firth, Jr., Bellarmine

INDIVIDUAL CHAMPIONS

3 - Magdalena Paszta, Lewis
2 - Alane Keefer, Ashland
2 - Wileen Gausman, Lewis
2 - Malgorzata Biela, Lewis
2 - Kasia Arient, Lewis
2 - Jennifer Scheerer, Bellarmine
2 - Heather Cooksey, Southern Indiana
2 - Jessica (Lamp) Monson, UW-Parkside

MOST TOP TEN FINISHES

4 - Wileen Gausman, Lewis (1, 1, 2, 5)
4 - Julie Myers, Ashland (4, 4, 4, 7)
4 - Lisa Hopson, Ashland (1, 2, 2, 3)
4 - Malgorzata Biela, Lewis (1, 1, 3, 3)
4 - Magdalena Paszta, Lewis (1, 1, 2, 1)
4 - Laura Witek, Saint Joseph's (1, 4, 4, 5)
4 - Amber Antonia, UW-Parkside (7, 6, 1, 2)
4 - Maria Harriman, Indianapolis (9, 4, 2, 3)
4 - Heather Cooksey, Southern Indiana (6, 3, 1, 1)
3 - Shannon LaFave, Ashland (2, 5, 6)
3 - Shari Ciressel, Ashland (4, 5, 8)
3 - Michelle Faulkner, Indianapolis (3, 4, 10)
3 - Kasia Arient, Lewis (1, 2, 1)
3 - Beth Bayser, Lewis (2, 4, 7)
3 - Julie Haase, Ashland (1, 2, 4)
3 - Crissy Carlson, Southern Indiana (6, 8, 8)
3 - Christy Moore, Southern Indiana (9, 7, 5)
3 - Laura Peterson, UW-Parkside (5, 3, 3)
3 - Melissa Eddy, Southern Indiana (6, 5, 8)
3 - Jennifer Scheerer, Bellarmine (4, 1, 1)
3 - Erin Enright, UW-Parkside (7, 4, 9)
3 - Casey Schneider, Southern Indiana (10, 3, 4)
3 - Molly Wallace, Bellarmine (5, 5, 4)
3 - Julianne Hoekzema, Northern Kentucky (4, 6, 3)
3 - Jessica (Lamp) Monson, UW-Parkside (7, 1, 1)
3 - Mary Ballinger Southern Indiana (4, 2, 1)
3 - Allie Shafer, Southern Indiana (10, 1, 7)

3 - Kathryn Hague, Lewis (3, 3, 1)
3 - Angela Musk, Bellarmine (9, 2, 1)
3 - Lauren Minor, Southern Indiana (8, 4, 4)
3 - Jackie Henderson, Southern Indiana (6, 2, 1)

FASTEST WINNING TIMES (6K)

20:43.56 - Jessica (Lamp) Monson, UWP (2008)
21:06.50 - Kasia Arient, LEWIS (1998)
21:07.40 - Angela Musk, BU (2012)
21:29.00 - Kathryn Hague, LEWIS (2010)
21:32.90 - Heather Cooksey, USI (2004)
21:38.03 - Jackie Henderson, USI (2011)
21:38.09 - Jessica Lamp, UWP (2007)
21:46.07 - Allie Shafer, USI (2006)
21:46.21 - Mary Ballinger, USI (2009)
21:52.73 - Amber Antonia, UWP (2000)
21:59.00 - Jennifer Scheerer, BU (2002)
22:03.40 - Marianna Vidovic, LEWIS (1999)
*19:54.78 - Heather Cooksey, USI (2005)
*Course marked shorter than 6K

FASTEST WINNING TIMES (5K)

16:59 - Magdalena Paszta, Lewis (1997)
17:18 - Kasia Arient, Lewis (1996)
18:11 - Paszta and Biela, Lewis (1994)
18:14 - Wileen Gausman, Lewis (1990)
18:17 - Laura Witek, St. Joseph's (1993)

LARGEST MARGIN OF VICTORY (6K)

0:52.97 - Mary Ballinger, Southern Indiana (2009)
0:51.63 - Heather Cooksey, Southern Indiana (2004)
0:37 - Kasia Arient, Lewis (1998)

LARGEST MARGIN OF VICTORY (5K)

1:02 - Karen Austin, Saint Joseph's (1986)
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SMALLEST MARGIN OF VICTORY (6K)

0:05.26 - Allie Shafer, Southern Indiana (2006)

SMALLEST MARGIN OF VICTORY (5K)

:01 - Lisa Hopson, Ashland (1989)

FASTEST NON-WINNING TIME (6K)

20:59.53 - Mary Ballinger (2008)
20:37.00 - Erika Wilson, USI (2013)
21:43.2 - Beth Bayser, Lewis (1998)
21:44.0 - Angela Musk, Bellarmine (2011)
21:48.08 - Naomi Fulton, UW-Parkside (2007)
21:51.33 - Valerie Kelly, UW-Parkside (2006)
*20:39.11 - Meghan Crowe, Bellarmine (2005)
*Course marked shorter than 6K

FASTEST NON-WINNING TIME (5K)

17:11 - Kasia Arient, Lewis (1997)

WOMEN'S CROSS COUNTRY

INDIVIDUAL HONORS

ATHLETE OF THE YEAR

1985	Alane Keefer, Ashland
1986	Karen Austin, Saint Joseph's
1987	Vicky Mravca, Lewis
1988	Kathy Casey, Indianapolis
1989	Lisa Hopson, Ashland
1990	Willeen Gausman, Lewis
1991	Willeen Gausman, Lewis
1992	Julie Haase, Ashland
1993	Laura Witek, Saint Joseph's
1994	Magdalena Paszta, Lewis
1995	Magdalena Paszta, Lewis
	Malgorza Biela, Lewis
1996	Kasia Arient, Lewis
1997	Magdalena Paszta, Lewis
1998	Kasia Arient, Lewis
1999	Marianna Vidovic, Lewis
2000	Amber Antonia, UW-Parkside
2001	Jennifer Scheerer, Bellarmine
2002	Jennifer Scheerer, Bellarmine
2003	Breanne Steffens, SIU Edwardsville
2004	Heather Cooksey, Southern Indiana
2005	Heather Cooksey, Southern Indiana
2006	Allie Shafer, Southern Indiana
2007	Jessica Lamp, UW-Parkside
2008	Jessica Monson, UW-Parkside
2009	Mary Ballinger, Southern Indiana
2010	Kathryn Hague, Lewis
2011	Jackie Henderson, Southern Indiana
2012	Angela Musk, Bellarmine
2013	Emily Firth, Jr., Bellarmine

FRESHMAN OF THE YEAR

1996	Kasia Arient, Lewis
1997	Tammy Vesey, Lewis
1998	Amber Antonia, UW-Parkside
1999	Agnes Stalmach, Lewis
2000	Erin Vagedes, Indianapolis
2001	Casey Schneider, Southern Indiana
2002	Heather Cooksey, Southern Indiana
2003	Missy Burgin, Southern Indiana
2004	Kelly Flounders, SIU Edwardsville
2005	Allison Shafer, Southern Indiana
2006	Kayla Brown, SIU Edwardsville
2007	Hope Christie, UW-Parkside
2008	Amy Hamilton, Indianapolis
2009	Lauren Minor, Southern Indiana
2010	Kaylee McClanahan, Southern Indiana
2011	Emily Frith, Bellarmine
2012	Samantha Hartnett, Maryville
2013	Amanda Farrough, Lewis

COACH OF THE YEAR

1985	Bill Gallagher, Ashland
1986	Dave Smith, Saint Joseph's
1987	Keith Reed, Lewis
1988	Bill Gallagher, Ashland
1989	Bill Gallagher, Ashland
1990	Jeff DeGraw, Lewis
1991	Bill Gallagher, Ashland
1992	Tom Hathaway, Indianapolis
1993	Bill Gallagher, Ashland
1994	Bill Gallagher, Ashland
1995	Mike DeWitt, UW-Parkside
1996	Jeff DeGraw, Lewis
1997	Jeff DeGraw, Lewis
1998	Mike Hillyard, Southern Indiana
1999	Mike Hillyard, Southern Indiana
2000	Mike DeWitt, UW-Parkside
2001	Jeff DeGraw, Lewis
2002	Mike DeWitt, UW-Parkside
2003	Mike Hillyard, Southern Indiana
2004	Mike DeWitt, UW-Parkside
2005	Mike DeWitt, UW-Parkside
2006	Mike DeWitt, UW-Parkside
2007	Mike DeWitt, UW-Parkside
2008	Mike Hillyard, Southern Indiana
2009	Mike Hillyard, Southern Indiana
2010	Kris Horton, Bellarmine
2011	Mike Hillyard, Southern Indiana
2012	Mike Hillyard, Southern Indiana
2013	Mike Hillyard, Southern Indiana

WOMEN'S CROSS COUNTRY

ALL-CONFERENCE TEAMS

1984

Alane Keefer, AU
Debbie Gresens, AU
Susan Borowski, AU
Kathy Lennox, AU
Lorna Eyink, SJC

1985

Alane Keefer, AU
Debbie Gresens, AU
Susan Borowski, AU
Shari Carressel, AU
Kristin Hopper, AU
Kristi Walker, IPFW
Vicki Mrovca, LEWIS
Joyce Townner, SJC
Kim Doup, USI

1986

Shari Carressel, AU
Shannon LaFave, AU
Wendy Schlarb, AU
Stacey Yachheim, AU
Diana Simon, BU
Karen Austin, SJC
Theresa Klingenberger, SJC
Jackie Regnier, SJC
Lisa Bishop, SJC
Tina Smith, USI

1987

Shari Carressel, AU
Shannon LaFave, AU
Julie Myers, AU
Anne Sensmore, AU
Diana Simon, BU
Mary Bohney, BU
Vicki Mrovca, LEWIS
Bev Akers, LEWIS
Mari Patterson, LEWIS
Karen Deno, SJC

1988

Shannon LaFave, AU
Julie Myers, AU
Lisa Hopson, AU
Debbie Plaza, AU
Jody Brown, AU
Melinda Wilms, AU
Noel LeFrancis, AU
Kathy Casey, UINDY
Eva Suyko, LEWIS
Mayr Pierucci, LEWIS

1989

Julie Myers, AU
Lisa Hopson, AU
Jody Brown, AU
Julie Haase, AU
May Beal, AU
Catherine Ponstigle, AU
Shari Edwards, UINDY
Michelle Faulkner, UINDY
Wileen Gausman, LEWIS
Laura Kelly, LEWIS

1990

Lisa Hopson, AU
Julie Haase, AU
Leslie Sciantarelli, BU
Jenny Field, UINDY
Shari Edwards, UINDY
Missy Mahnesmith, UINDY
Wileen Gausman, LEWIS
Laura Kelly, LEWIS
Cris Griseta, LEWIS
Laure Goolsby, LEWIS

1991

Julie Myers, AU
Lisa Hopson, AU
Debbie Plaza, AU
Heather Guyer, AU
Michelle Faulkner, UINDY
Missy Mahnesmith, UINDY
Jenny Klehm, UINDY
Eva Suyko, LEWIS
Wileen Gausman, LEWIS
Glenna Bower, USI

1992

Julie Haase, AU
Sarah Sealscott, AU
Michelle Faulkner, UINDY
Amy Potts, UINDY
Carrie Liby, UINDY
Brenda Liechty, UINDY
Wileen Gausman, LEWIS
Tracy Matuga, SJC
Glenna Bower, USI
Carol Bottom, USI

1993

Sarah Sealscott, AU
Angie Castellucci, AU
Gina Bradley, AU
Colleen Young, AU
Brenda Liechty, UINDY
Beth Walters, UINDY
Maggie Brockman, UINDY
Laura Witek, SJC
Kelly Bauer, SJC
Jennifer Galbraith, USI

1994

Angie Castellucci, AU
Colleen Young, AU
Kelly Kish, AU
Kelly Irwin, AU
Beth Walters, UINDY
Magdalena Paszta, LEWIS
Malgorza Biela, LEWIS
Tracy Matuga, SJC
Laura Witek, SJC
Jennifer Galbraith, USI

1995

Magdalena Paszta, LEWIS
Malgorza Biela, LEWIS
Laura Witek, SJC
Karin Beach-Pond, SIUE
Amy Roll, USI
Crissy Carlson, USI
Amy Haines, UWP
Tracey Pope, UWP
Bethany Pulaugh, UWP
Michelle Melcher, UWP

1996

Magdalena Paszta, LEWIS
Malgorza Biela, LEWIS
Beth Bayser, LEWIS
Kasia Arient, LEWIS
Sarah Elliff, LEWIS
Laura Witek, SJC
Crissy Carlson, USI
Christy Moore, USI
Wendy Licht, UWP
Pam Tucker, UWP

1997

Magdalena Paszta, LEWIS
Malgorza Biela, LEWIS
Beth Bayser, LEWIS
Kasia Arient, LEWIS
Sarah Elliff, LEWIS
Crissy Carlson, USI
Christy Moore, USI
Nicole Shepler, USI
Laura Peterson, UWP
Ann Kellery, UWP

1998

Maria Harriman, UINDY
Beth Bayser, LEWIS
Kasia Arient, LEWIS
Christy Moore, USI
Nicole Shepler, USI
Melissa Eddy, USI
Jennifer McIntyre, USI
Laura Peterson, UWP
Ann Kelley, UWP
Amber Antonia, UWP

1999

Maria Harriman, UINDY
Marianna Vidovic, LEWIS
Agnes Stalmach, LEWIS
Melissa Eddy, USI
Jenny Farmer, USI
Cally Thompson, USI
Elizabeth Ellwood, USI
Amber Antonia, UWP
Jill Branner, UWP

2000

Jennifer Scheerer, BU
Emily Ramser, BU
Maria Harriman, UINDY
Erin Vagedes, UINDY
Marianna Vidovic, LEWIS
Missy Verharghe, LEWIS
Melissa Eddy, USI
Amber Antonia, UWP
Erin Enright, UWP
Janna Weeden, UWP

2001

Jennifer Scheerer, BU
Emily Ramser, BU
Natalie Malone, UINDY
Maria Harriman, UINDY
Alexis Virtue, SJC
Breanne Steffens, SIUE
Casey Schneider, USI
Amber Antonia, UWP
Erin Enright, UWP
Janna Weeden, UWP

2002

Jennifer Scheerer, BU
Molly Wallace, BU
Erin Vagedes, UINDY
Natalie Malone, UINDY
Jenny Farmer, USI
Casey Schneider, USI
Heather Cooksey, USI
Erin Enright, UWP
Robyn Stevens, UWP
Jessica Krantz, UWP

2003

Molly Wallace, BU
Erin Webb, UINDY
Tracy Inman, NKU
Breanne Steffens, SIUE
Mary Witte, SIUE
Jenny Farmer, USI
Casey Schneider, USI
Heather Cooksey, USI
Missy Burgin, USI
Anne Favolise, UWP

2004

Molly Wallace, BU
Meghan Crowe, BU
Karen Bower, UINDY
Tracy Carskadon, NKU
Kelly Flounders, SIUE
Heather Cooksey, USI
Missy Burgin, USI
Michelle Boldon, UWP
Tiff Belongia, UWP
Emily Junion, UWP

2005

Meghan Crowe, BU
Karen Bower, UINDY
Rachel Kriese, UINDY
Terran Wertz, LEWIS
Julianne Hoekzema, NKU
Casey Schneider, USI
Heather Cooksey, USI
Allison Shafer, USI
Naomi Bong, UWP
Michelle Boldon, UWP

2006

LeAnn Sarka, UINDY
Julianne Hoekzema, NKU
Rose Jekirui, NKU
Kayla Brown, SIUE
Allison Shafer, USI
Katy Simutis, USI
Valeria Kelly, UWP
Naomi Fulton, UWP
Jessica Lamp, UWP
Jill Winkler, UWP

2007

Katie Hickey, BU
LeAnn Sarka, UINDY
Ashley Clifford, UINDY
Julianne Hoekzema, NKU
Jenna Siemer, NKU
Kayla Brown, SIUE
Mary Ballinger, USI
Naomi Fulton, UWP
Jessica Lamp, UWP
Valerie Hubbard, UWP

2008

Meghan Shagena, BU
Amy Hamilton, UINDY
Kathryn Hague, LEWIS
Becky Herbert, LEWIS
Jenna Siemer, NKU
Janice Laker, NKU
Allison Shafer, USI
Mary Ballinger, USI
Adrienne Curtis, USI
Sarah Whiteman, USI
Christy Dixon, USI
Brittany Rutledge, USI
Jessica Monson, UWP
Heidi Erti, UWP
Hope Christie, UWP

2009

Cristin Samuels, BU
Carissa Martin, BU
Stephanie Cave, UINDY
Kathryn Hague, LEWIS
Amanda Porter, LEWIS
Colleen Conrad, S&T
Jenna Siemer, NKU
Jerrica Maddox, NKU
Mary Ballinger, USI
Adrienne Curtis, USI
Sarah Whiteman, USI
Christy Dixon, USI
Jackie Henderson, USI
Lauren Minor, USI
Allie Krieger, USI

2010

Meghan Shagena, BU
Carissa Martin, BU
Angela Musk, BU
Kelsey Love, BU
Kathryn Hague, LEWIS
Amy Clawson, LEWIS
Jerrica Maddox, NKU
Danielle Mercer, NKU
Kayla Justice, NKU
Adrienne Curtis, USI
Jackie Henderson, USI
Kaylee McClanahan, USI
Erika Wilson, USI
Heidi Erti, UWP
Hope Christie, UWP

2011

Angela Musk, BU
Kelsey Love, BU
Emily Frith, BU
Maggie Wagner, BU
Colleen Conrad, S&T
Kayla Justice, NKU
Adrienne Curtis, USI
Jackie Henderson, USI
Lauren Minor, USI
Kaylee McClanahan, USI
Emily Haines, USI
Hope Christie, UWP
Jessica Watychowicz, UWP
Markelle Turk, UWP
Taylor Miller, UWP

ALL-CONFERENCE TEAMS

2012

Angela Musk, BU
 Emily Frith, BU
 Maggie Wagner, BU
 Sari Higgins, DU
 Erin Dolan, DU
 Stephanie Cave, UINDY
 Sutton Knapp, UINDY
 Jackie Howland, UINDY
 Alyson Smith, S&T
 Lauren Minor, USI
 Kaylee McClanahan, USI
 Erika Wilson, USI
 Kristen Gray, USI
 Jessica Watychowicz, UWP
 Jess Connery, WJC

2013

Emily Firth, Jr., BU
 Sari Higgins, Sr., DU
 Sutton Knapp, Sr., UINDY
 Emily Bernstein, Sr., UINDY
 Amanda Farrough, Fr., LEWIS
 Kristen Bonsor, So., LEWIS
 Kayla Patterson, Jr., LEWIS
 Elizabeth Kiblinger, So., MU
 Megan Doty, Sr., MCK
 Erika Wilson, Sr., USI
 Augusta Schrader, Jr., USI
 Skylair Hilton, Jr., USI
 Lindsay Rogers, Fr., UWP
 Amanda Zittleman, Jr., UWP
 Samantha Montalbano, Fr., UWP

WOMEN'S CROSS COUNTRY

ALL-CONFERENCE SELECTIONS

Ashland

Alane Keefer 1984-85
Debbie Gresens 1984-85
Susan Borowski 1984-85
Kathy Lennox 1984
Shari Carressel 1985-86-87
Kristin Hopper 1985
Shannon LaFave 1986-87-88
Wendy Schlarb 1986
Stacey Yachheim 1986
Julie Myers 1987-88-89-91
Anne Sensmore 1987
Lisa Hopson 1988-89-90-91
Debbie Plaza 1988-91
Jody Brown 1988-89
Melinda Wilms 1988
Noel LeFrancis 1988
Julie Haase 1989-90-92
May Beal 1989
Catherine Ponstigle 1989
Heather Guyer 1991
Sarah Sealscott 1992-93
Angie Castellucci 1993-94
Gina Bradley 1993
Colleen Young 1993-94
Kelly Kish 1994
Kelly Irwin 1994

Bellarmino

Diana Simon 1986-87
Mary Bohney 1987
Leslie Sciantarelli 1990
Jennifer Scheerer 2000-01-02
Emily Ramser 2000-01
Molly Wallace 2002-03-04
Meghan Crowe 2004-05
Katie Hickey 2007
Meghan Shagena 2008-10
Cristin Samuels 2009
Carissa Martin 2009-10
Angela Musk 2010-11-12
Kelsey Love 2010-11
Emily Frith 2011-12-13
Maggie Wagner 2011-12

Drury

Sari Higgins 2012-13
Erin Dolan 2012

Indianapolis (Indiana Central)

Kathy Casey 1988
Shari Edwards 1989
Michelle Faulkner 1989-91-92
Jenny Field 1990
Shari Edwards 1990
Missy Mahnesmith 1990-91
Jenny Klehm 1991
Amy Potts 1992
Carrie Liby 1992
Brenda Liechty 1992-93
Beth Walters 1993-94
Maggie Brockman 1993
Maria Harriman 1998-99-2000-01
Erin Vagedes 2000-02
Natalie Malone 2001-02
Erin Webb 2003
Karen Bower 2004-05
Rachel Kriese 2005
LeAnn Sarka 2006-07
Ashley Clifford 2007
Amy Hamilton 2008
Stephanie Cave 2009-12

Sutton Knapp 2012-13
Jackie Howland 2012
Emily Bernstein 2013

IPFW

Kristi Walker 1985

Kentucky Wesleyan

No Selections

Lewis

Vicki Mrovca 1985-87
Bev Akers 1987
Mari Patterson 1987
Eva Suyko 1988-91
Mayr Pierucci 1988
Wileen Gausman 1989-90-91-92
Laura Kelly 1989-90
Cris Griseta 1990
Laurie Goolsby 1990
Magdalena Paszta 1994-95-96-97
Malgorza Biela 1994-95-96-97
Beth Bayser 1996-97-98
Kasia Arient 1996-97-98
Sarah Elliff 1996-97
Marianna Vidovic 1999-2000
Agnes Stalmach 1999
Missy Verharghe 2000
Terran Wertz 2005
Kathryn Hague 2008-09-10
Becky Herbert 2008
Amanda Porter 2009
Amy Clawson 2010
Amanda Garrough 2013
Kristen Bonsor 2013
Kayla Patterson 2013

Maryville

Elizabeth Kiblinger 2013

McKendree

Megan Doty 2013

Missouri S&T (Missouri Rolla)

Colleen Conrad 2009-11
Alyson Smith 2012

Northern Kentucky

Tracy Inman 2003
Tracy Carskadon 2004
Julianne Hoekzema 2005-06-07
Rose Jekpirui 2006
Jenna Siemer 2007-08-09
Janice Laker 2008
Jerrica Maddox 2009-10
Danielle Mercer 2010
Kayla Justice 2010-11

Quincy

No Selections

Saint Joseph's

Lorna Eyink 1984
Joyce Towner 1985
Karen Austin 1986
Theresa Klingenberger 1986
Jackie Regnier 1986
Lisa Bishop 1986
Karen Deno 1987
Tracy Matuga 1992-94
Laura Witek 1993-94-95-96
Kelly Bauer 1993
Alexis Virtue 2001

SIU-Edwardsville

Karin Beach-Pond 1995
Breanne Steffens 2001-03
Mary Witte 2003
Kelly Flounders 2004
Kayla Brown 2006-07

Southern Indiana (ISU-Evansville)

Kim Doup 1985
Tina Smith 1986
Glenna Bower 1991-92
Carol Bottom 1992
Jennifer Galbraith 1993-94
Amy Roll 1995
Crissy Carlson 1995-96-97
Christy Moore 1996-97-98
Nicole Shepler 1997-98
Melissa Eddy 1998-99-2000
Jennifer McIntyre 1998
Jenny Farmer 1999-2002-03
Cally Thompson 1999
Elizabeth Ellwood 1999
Casey Schneider 2001-02-03-05
Heather Cooksey 2002-03-04-05
Missy Burgin 2003-04
Allison Shafer 2005-06-08
Katy Simutis 2006
Mary Ballinger 2007-08-09
Adrienne Curtis 2008-09-10-11
Sarah Whiteman 2008-09
Christy Dixon 2008-09
Brittany Rutledge 2008
Jackie Henderson 2009-10-11
Lauren Minor 2009-11-12
Allie Krieger 2009
Kaylee McClanahan 2010-11-12
Erika Wilson 2010-12-13
Emily Haines 2011
Kristen Gray 2012
Augusta Schrader 2013
Skylair Hilton 2013

UW-Parkside

Amy Haines 1995
Tracey Pope 1995
Bethany Pulapaugh 1995
Michelle Melcher 1995
Wendy Licht 1996
Pam Tucker 1996
Laura Peterson 1997-98
Ann Kelley 1997-98
Amber Antonia 1998-99-2000-01
Jill Branner 1999
Erin Enright 2000-01-02
Janna Weeden 2000-01
Robyn Stevens 2002
Jessica Krantz 2002
Anne Favolise 2003
Michelle Boldon 2004-05
Tiff Belongia 2004
Emily Junion 2004
Naomi (Bong) Fulton 2005-06-07
Valerie Kelly 2006
Jessica (Lamp) Monson 2006-07-08
Jill Winkler 2006
Valerie Hubbard 2007
Heidi Ertl 2008-10
Hope Christie 2008-10-11
Jessica Watychowicz 2011-12
Markelle Turk 2011
Taylor Miller 2011
Lindsay Rogers 2013
Amanda Zittleman 2013
Samantha Montalbano 2013

William Jewell

Jess Connery 2012

WOMEN'S CROSS COUNTRY

NCAA CHAMPIONSHIPS PARTICIPATION

TEAM	T	I	App.	YEARS PARTICIPATED
Lewis	0	1	3	1996-97-13
UW-Parkside	0	0	11	1995-96-97-98-00-01-02-04-05-06-07
Southern Indiana	0	0	9	1997-98-99-02-03-05-07-09-12
Ashland*	0	0	6	1984-85-89-91-94-95
Bellarmine	0	0	1	2012
Indianapolis	0	0	1	2000
Drury	0	0	0	
Illinois Springfield	0	0	0	
IPFW*	0	0	0	
Kentucky State*	0	0	0	
Kentucky Wesleyan*	0	0	0	
Maryville	0	0	0	
McKendree	0	0	0	
Missouri S&T	0	0	0	
Northern Kentucky*	0	0	0	
Quincy	0	0	0	
Saint Joseph's	0	0	0	
SIU Edwardsville*	0	0	0	
Truman State	0	0	0	
William Jewell	0	0	0	

T-team champion | I-individual champions | * No longer GLVC Member

NCAA CHAMPIONSHIPS RESULTS

Individual finishes unavailable prior to 1999.

1984		1997		2001	
9 Ashland	203 pts	T2 Lewis	106 pts	8 UW-Parkside	285 pts
1985		12 Southern Indiana	289 pts	29 Amber Antonia, UWP	22:40.9
No Participation		15 UW-Parkside	356 pts	42 Maria Harriman, UINDY	22:58.5
1986		1 Kasia Arient, LEWIS	17:31.2	62 Jennifer Scheerer, BU	23:27.0
No Participation		1998		66 Erin Enright, UWP	23:29.7
1987		8 Southern Indiana	252 pts	68 Janna Weeden, UWP	23:34.9
No Participation		12 UW-Parkside	280 pts	92 Robyn Stevens, UWP	23:57.4
1988		1999		95 Linda Muffler, UWP	24:01.6
No Participation		9 Southern Indiana	256 pts	142 Lindsay De Witt, UWP	25:01.7
1989		24 Mariana Vidovich, LEWIS	21:50.4	165 Pam Murkowski, UWP	25:44.3
9 Ashland	206 pts	39 Cally Thompson, USI	22:20.5	2002	
1990		52 Jenny Farmer, USI	22:36.0	14 Southern Indiana	346 pts
No Participation		54 Elizabeth Ellwood, USI	22:38.0	15 UW-Parkside	369 pts
1991		70 Melissa Eddy, USI	22:53.3	45 Jenny Farmer, USI	23:09.9
7 Ashland	157 pts	104 Tracy Lampert, USI	23:42.5	51 Robyn Stevens, UWP	23:20.8
1992		109 Jessica Decker, USI	24:02.3	64 Janna Weeden, UWP	23:31.8
No Participation		115 Kelly Cunningham, USI	24:26.0	65 Casey Schneider, USI	23:32.5
1993		2000		68 Heather Cooksey, USI	23:33.1
No Participation		15 UW-Parkside	375 pts	87 Erin Enright, UWP	23:52.3
1994		18 Indianapolis	468 pts	104 Jessica Krantz, UWP	24:07.6
9 Ashland	239 pts	12 Amber Antonia, UWP	22:14.4	117 Laura Helhowski, USI	24:19.8
1995		55 Jenny Farmer, USI	23:28.5	119 Cassie Bartelt, USI	24:22.0
5 UW-Parkside	163 pts	73 Erin Vagedes, UINDY	23:45.1	123 Sunny Hipple, USI	24:26.8
T8 Ashland	237 pts	83 Erin Enright, UWP	23:56.8	134 Lindsay De Witt, UWP	24:34.5
1996		87 Maria Harriman, UINDY	24:00.9	140 Lydia Flora, USI	24:40.0
3 Lewis	105 pts	100 Linda Muffler, UWP	24:14.8	147 Lexie Burrows, UWP	24:45.0
6 UW-Parkside	192 pts	105 Janna Weeden, UWP	24:20.6	161 Anne Favolise, UWP	25:10.9
		113 Nicole Williams, UINDY	24:33.0	2003	
		117 Stacey Clapp, UINDY	24:39.9	12 Southern Indiana	318 pts
		130 Roxann Ziano, UWP	25:07.3	26 Breanne Steffens, SIUE	22:21.2
		139 Kristen Ziarek, UWP	25:28.5	44 Jenny Farmer, USI	22:53.2
		142 Kristy Reineck, UWP	25:30.0	45 Heather Cooksey, USI	22:55.2
		143 Nicole Robinson, UINDY	25:32.1	84 Casey Schneider, USI	23:33.3
		156 Vanessa Johnson, UINDY	26:20.1	94 Melissa Burgin, USI	23:48.0
		175 Shannon Kendall, UINDY	28:14.2	137 Laura Helhowski, USI	24:27.9
				158 Lydia Flora, USI	25:04.2
				164 Cassandra Bartelt, USI	25:21.8

WOMEN'S CROSS COUNTRY

NCAA CHAMPIONSHIPS RESULTS

2004

19	UW-Parkside	441 pts
17	Heather Cooksey, USI	22:33.1
44	Michelle Boldon, UWP	23:15.5
104	Emily Junion, UWP	24:18.6
117	Tiff Belongia, UWP	24:28.8
128	Heidi Anderson, UWP	24:45.2
142	Naomi Bong, UWP	25:07.3
158	Jill Winkler, UWP	25:24.7
161	Valerie Kelly, UWP	25:31.4

2005

9	UW-Parkside	319 pts
23	Southern Indiana	539 pts
38	Meghan Crowe, BU	22:36.6
61	Naomi Bong, UWP	23:27.9
67	Valerie Kelly, UWP	23:34.6
76	Michelle Boldon, UWP	23:42.8
80	Jessica Lamp, UWP	23:45.4
83	Allie Shafer, USI	23:48.5
87	Casey Schneider, USI	23:52.1
112	Anne Favolise, UWP	24:26.0
115	Meagan Scheidler, USI	24:27.8
121	Jill Winkler, UWP	24:33.1
169	Carrie Leimberger, USI	26:18.3
172	Jennifer Finch, USI	26:36.2

2006

8	UW-Parkside	216 pts
15	Allie Shafer, USI	20:47.4
23	Valerie Kelly, UWP	21:03.6
36	Jessica Lamp, UWP	21:22.7
53	Jill Winkler, UWP	21:37.8
56	Naomi Fulton, UWP	21:39.0
109	Emily Junion, UWP	22:37.7
115	Jessica Enderby, UWP	22:41.9
157	Kim Degener, UWP	23:35.1

2007

12	UW-Parkside	303 pts
19	Southern Indiana	421 pts
14	Jessica Lamp, UWP	21:07.9
17	Mary Ballinger, USI	21:20.1
33	Naomi Fulton, UWP	21:44.9
43	Valerie Hubbard, UWP	21:54.2
70	Julianne Hoekzema, NKU	22:25.8
72	LeAnn Sarka, UINDY	22:27.5
97	Leslee Getts, USI	22:53.3
122	Meagan Scheidler, USI	23:20.2
127	Lacy Williams, USI	23:24.6
128	Hope Christie, UWP	23:28.0
133	Courtney Zimmerman, UWP	23:37.7
136	Sarah Whiteman, USI	23:44.6
143	Holly Bartelt, USI	23:48.2
147	Sarah Baysden, USI	23:56.1
151	Whitney Olson, UWP	24:04.5
153	Heidi Anderson, UWP	24:10.9

2008

No Team Participation

5	Jessica Monson, UWP	21:38
10	Mary Ballinger, USI	21:58

2009

12	Southern Indiana	322 pts
5	Mary Ballinger, USI	20:45.9
40	Kathryn Hague, Lewis	21:59.3
71	Sarah Whiteman, USI	22:33.8
92	Adrienne Curtis, USI	22:54.8
101	Allie Krieger, USI	23:05.2
124	Jackie Henderson, USI	23:25.4
136	Lauren Minor, USI	23:41.5
148	Christy Dixon, USI	23:54.2

2010

No Team Participation

28	Kathryn Hague, Lewis	22:02.6
40	Jackie Henderson, USI	22:19.1

2011

No Team Participation

35	Hope Christie, UWP	22:13.3
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2012

16	Southern Indiana	390 pts
19	Bellarmine	417 pts
12	Angela Musk, BU	20:57.4
31	Emily Frith, BU	21:11.1
32	Jessica Watychowicz, UWP	21:11.9
43	Erin Dolan, DU	21:27.1
59	Lauren Minor, USI	21:43.0
69	Kristen Gray, USI	21:51.6
85	Maggie Wagner, BU	22:02.9
107	Kaylee McClanahan, USI	22:23.7
142	Erika Wilson, USI	22:43.8
171	Jenna Lee, BU	22:58.0
190	Carissa Martin, BU	23:16.0
196	Megan Kaiser, BU	23:22.5
202	Sarah Turi, BU	23:31.4
208	Skylair Hulton, USI	23:39.2

2013

19	Lewis	487 pts
21	Amanda Farrough, Fr., LEWIS	21:37.4
107	Kristen Bonsor, So., LEWIS	22:40.8
118	Kayla Patterson, Jr., LEWIS	22:46.9
155	Stephanie Nielsen, Fr., LEWIS	23:09.3
173	Jaime Hershfang, So., LEWIS	23:21.6
178	Krysten Sebby, Sr., LEWIS	23:24.5
201	Megan Burgener, Fr., LEWIS	23:51.2

ACADEMIC ALL-CONFERENCE SELECTIONS

1994-95 - 24

Gina Bradley, Angelia Castellucci, Kristen Dunham, Ann Mohlman, Sarah Sealscott, Jodi Wolfe, Colleen Young, ASHLAND; Leslie Block, Amy Coomer, Dana Franks, Amy Pace, BELLARMINE; Dawn Valle IP-FORT WAYNE; Anna Thallemer, LEWIS; Bridget Bailey, Karen Armbrrecht, NORTHERN KENTUCKY; Laura Witek, Tracy Matuga, SAINT JOSEPH'S; Nicole Bulla, Jessica Greenlea, Brenda Liechty, Tracy Smith, Beth Walters, Danielle Wright, INDIANAPOLIS; Kelly Thorman, SIU EDWARDSVILLE

1995-96 - 42

Shiloh Burke, Rachel Carle, Dana Franks, Rebecca Gedeon, Amanda Jones, Meagan Pop, BELLARMINE; Nicole Bulla, Jennifer Fransted, Jaime Jackson, Brenda Liechty, Molly Slosser, Amy Stultz, Danielle Wright, INDIANAPOLIS; Michele Scheele, Dawn Valle, IP-FORT WAYNE; Malgorzata Biela, Kay Cannon, Sarah Elliff, Melanie Lowman, Magdalena Paszta, LEWIS; Bridget Bailey, Alicia Hammack, Tricia Miller, Becky Young, NORTHERN KENTUCKY; Pam Fairchild, QUINCY; Laura Witek, Gina Medellin, Denise Fitzgerald, Jamie Riberto, SAINT JOSEPH'S; Colleen Casey, Jacqueline Vazquez, SIU EDWARDSVILLE; Tessa Harden, Amy Roll, SOUTHERN INDIANA; Becky Crain, Amy Haines, Lisa Lewis, Jennifer Moss, Catherine Rice, Jaimie Roberts, Bethany Rulapaugh, Lisa Schaich, Melinda Vasatko, UW-PARKSIDE

1996-97 - 51

Shilo Burke, Amanada Jones, BELLARMINE; Nicole Bulla, Jennifer Fransted, Jaime Jackson, Jamie Lyons, Molly Slosser, Amy Stultz, Amanda Warthan, INDIANAPOLIS; Kristine Minick, Mona Mouard, Kay Pulver, IP-FORT WAYNE; Kasia Arient, Beth Bayser, Magdalena Paszta, Malgorzata Biela, LEWIS; Lisa Cornett, Lori Litzelman, Patricia Miller, Kelly Knueven, NORTHERN KENTUCKY; Valerie Kozimor, Michelle Onik, Holly Russell, QUINCY; Erin Chapple, Denise Fitzgerald, Sarah Grubb, Gina Medellin, Holly Stefaniak, Laura Witek, SAINT JOSEPH'S; Nichole Done, Bridget Fitzpatrick, Holly Watts, SIU EDWARDSVILLE; Crissy Carlson, Jessica Decker, Tess Harden, Amy King, Christine Moore, Marcie Obermeyer, SOUTHERN INDIANA; Jill Branner, Amy Haines, Ann Kelley, Danielle Kirk, Lisa Lewis, Jessie Nethery, Angie Nieth, Catherine Rice, Jamie Roberts, Lisa Schaich, Maggie Silvasi-Kelly, Pam Tucker, Jodi Wierzbicki, UW-PARKSIDE

1997-98 - 45

Sarah Ballard, Joanne Burch, Shilo Burke, Angela Hinton, BELLARMINE; Sheri Hamm, Jaime Jackson, Jamie Lyons, Mariah Owen, Molly Slosser, Amy Stultz, Amanda Warthan, Dayna Zmikly, Helena Zmikly, INDIANAPOLIS; Karen Beyce, IP-FORT WAYNE; Kasia Arient, Beth Bayser, Malgorzata Biela, Magdalena Paszta, LEWIS; Kelly Knueven, Tricia Miller, Tabatha Smith, NORTHERN KENTUCKY; Valerie Kozimor, Michelle Onik, QUINCY; Gina Medellin, Karen Nagel, Holly Ann Stefaniak, Jamie Riberto, SAINT JOSEPH'S; Crissy Carlson, Jessica Decker, Melissa Eddy, Tess Harden, Sarah Keil, Christy Moore, Nicole Shepler, SOUTHERN INDIANA; Casey Faro, Bridget Fitzpatrick, Christine Peterson, Lisa Ribes, SIU EDWARDSVILLE; Jill Branner, Bethany Braun, Ann Kelley, Kelly McPhee, Lisa Nowal, Jamie Roberts, Lisa Schaich, UW-PARKSIDE

1998-99 - 48

Sarah Ballard, Joanne Burch, Amber Burgin, Shilo Burke, Angela Hinton, Pam Mick, Keri Muchow, Emily Ramser, BELLARMINE; Sheri Hamm, Maria Harriman, Jaime Jackson, Jamie Lyons, Kerry Rosel, Helena Zmikly, INDIANAPOLIS; Susanna Clusella, Trisha Eifert, Julie VonBargen, IP-FORT WAYNE; Kasia Arient, Beth Bayser, Shelby Craig, Erin Gallagly, Rachel Perrone, LEWIS; Amy Kiger, Patricia Miller, Erin Schmidt, NORTHERN KENTUCKY; Meghan Garvin, Kelle Hawe, Valerie Kozimor, Michelle Onik, QUINCY; Teresa Gaura, Holly Ann Stefaniak, Shana Wyatt, SAINT JOSEPH'S; Amanda Bozue, Nichole Done, Bridget Fitzpatrick, Ann Miklovic, Lisa Ribes, SIU EDWARDSVILLE; Jessica Decker, Christina Fowler, Erin Gilles, Tracy Lampert, Jennifer McIntyre, Christy Moore, Marcie Obermeyer, Nichole Oster, Nicole Shepler, Rebecca Shetler, Jessica Vagedes, SOUTHERN INDIANA

1999-2000 - 58

Amber Burgin, Andrea DeJesus, Angela Hinton, Megan Lynn, Pam Mick, Emily Ramser, BELLARMINE; Jennifer Hall, Maria Harriman, Megan Shurn, Erin Wakefield, Helene Zmikly, INDIANAPOLIS; Leona Bontrager, Carrie Leathers, Stephanie Simerman, Janet Souder, IP-FORT WAYNE; Brianna Ellis, Erin Gallagly, Rachel Perrone, Missy Verhaeghe, LEWIS; Theresa Adams, Toni DeJaco, Erin Enzweiler, Amy Kiger, Sasha Parker, Molly Petty, Erin Schmidt, NORTHERN KENTUCKY; Angela Bartels, Catherine Goebel, Meghan Garvin, Michelle Onik, QUINCY; Sarah Flory, Teresa Gaura, Jill Leffler, Dani Ramirez, Darci Ramirez, Holly Ann Stefaniak, Shana Wyatt, SAINT JOSEPH'S; Bridget Fitzpatrick, Ann Miklovic, Lisa Ribes, SIU EDWARDSVILLE; Kelly Cunningham, Jessica Decker, Jennifer Farmer, Erin Gilles, Tracy Lampert, Jennifer McIntyre, Nicole Shepler, Jessica Vagedes, SOUTHERN INDIANA; Amber Antonia, Jill Branner, Connie Camp, Erin Enright, Kelly McPhee, Meghan Patterson, Kristy Reineck, Janna Wezoen, Kelly Wycloff, Roxann Ziano, UW-PARKSIDE

2000-01 - 42

Amber Burgin, Andrea DeJesus, Pamela Mick, Emily Ramser, BELLARMINE; Kelly Heath, Janet Souder, IP-FORT WAYNE; Kathleen Draus, Rebecca Groff, Jennifer Hall, Sara Harkema, Maria Harriman, Shannon Kendall, Nicole Robinson, Amber Schipp, Megan Shurn, Anna Toops, Erin Vagedes, Erin Wakefield, Heather Wisdom, INDIANAPOLIS; Brianna Ellis, LEWIS; Toni DeJaco, Lissa Faulkner, Anna Moore, Erin Schmidt, NORTHERN KENTUCKY; Teresa Gaura, Darci Ramirez, Alexis Virtue, Shana Wyatt, SAINT JOSEPH'S; Maria Ewersmann, SIU EDWARDSVILLE; Kelly Cunningham, Jennifer Farmer, Erin Gilles, Tracy Lampert, Erin Oxendine, Nicole Shepler, Jessica Vagedes, SOUTHERN INDIANA; Amber Antonia, Michelle Boldon, Erin Enright, Kristy Reineck, Janna Weeden, Roxann Ziano, UW-PARKSIDE

2001-02 - 42

Andrea DeJesus, Pam Mick, Emily Ramser, Julie Ribley, BELLARMINE; Rebecca Groff, Jennifer Hall, Sara Harke, Maria Harriman, Shannon Kendall, Nicole Robinson, Megan Shurn, Erin Vagedes, Nicole Williams, INDIANAPOLIS; Erin Barone, Lissa Faulkner, Lori Goetz, Elaine Koenig, Anna Moore, Erin Schmidt, NORTHERN KENTUCKY; Ashley Bryant, Teresa Gaura, Darci Ramirez, Alexis Virtue, Shana Wyatt, Maria Toledo, SAINT JOSEPH'S; Maria Ewersmann, Chenoa Glenn, Breanne Steffens, Mary Witte, SIU EDWARDSVILLE; Cassandra Bartlett, Jaclyn Franchville, Erin Oxendine, Jennifer McIntyre, SOUTHERN INDIANA; Amber Antonia, Lexie Burrows, Connie Camp, Lindsay De Witt, Erin Enright, Lorie Karls, Nikki Meyer, Nicole Olson, Janna Weeden, UW-PARKSIDE

2002-03 - 52

Rella Jaffee, Jennifer Scheerer, BELLARMINE; Kim Faenzi, Shannon Kendall, Janae Raker, Nicole Robinson, Megan Shurn, Amy Spencer, Erin Vagedes, Erin Wakefield, Nicole Williams, Rebecca Willis, Heather Wisdom, INDIANAPOLIS; Belinda Hawkins, Tarah Sobodas, LEWIS; Erin Engel, Tracy Inman, Elaine Koenig, Anna Moore, NORTHERN KENTUCKY; Jill Gentile, Dani Ramirez, Darci Ramirez, Maria Toledo, Alexis Virtue, SAINT JOSEPH'S; Carrie Carducci, Maria Ewersmann, Erin McMullen, Melissa Oglesby, Breanne Steffen, Amanda White, Mary Witte, Heather Zipparo, SIU EDWARDSVILLE; Heather Cooksey, Jenny Farmer, Jennifer Finch, Lydia Flora, Ashleigh Grieben, Jessica Jones, Kellee King, Erin Oxendine, Casey Schneider, Amy Shoemaker, SOUTHERN INDIANA; Amber Antonia, Lexie Burrows, Jeanne Corbett, Erin Enright, Anne Favolise, Lorie Karls, Amanda Sisk, Robyn Stevens, Christine Tagliaferri, Janna Weeden, UW-PARKSIDE

2003-04 - 50

Kelsey Grizzle, Rella Jaffe, Natalie Kimberlein, Molly Wallace, BELLARMINE; Karen Bower, Elaine Campbell, Kathy Corressell, Liz Hadar, Shannon Kendall, Miranda Loney, Lindsey McCrammer, Janae Raker, Nicole Robinson, Amy Spencer, Jessica Tucker, Erin Vagedes Webb, Beccah Willis, INDIANAPOLIS; Belinda Hawkins, Traci Hoglund, Tarah Sobodas, Juliann Szablewski, LEWIS; Tracy Inman, Anna Moore, NORTHERN KENTUCKY; Jordan Henley, Alexis Virtue, SAINT JOSEPH'S; Carrie Carducci, Maria Ewersmann, Erin McMullen, Priscilla Rahn, Breanne Steffens, Amanda White, Mary Witte, Heather Zipparo, SIU EDWARDSVILLE; Cassie Bartelt, Heather Cooksey, Lydia Flora, Jenny Farmer, Jessica Hein, Jevaline Johnson, Jessica Jones, Lindsey Miller, Casey Schneider, Amy Shoemaker, SOUTHERN INDIANA; Tiffany Belongia, Michelle Boldon, Jeanne Corbett, Lauren Davis, Anne Favolise, Christine Tagliaferri, Jill Winkler, UW-PARKSIDE

2004-05 - 47

Meghan Crow, Kelsey Grizzle, Katie Hickey, Natalie Kimberlein, BELLARMINE; Abra Adragna, Karen Bower, Elaine Campbell, Dorothy Fernandez, Ashley Flake, Ashley Huey, Miranda Loney, Janae Raker, Amy Remsburg, Jessica Tucker, Lyndsey Weller, INDIANAPOLIS; Theresa Dextl, Becky Herbert, Traci Hoglund, Rachel Johnson, Tarah Sobodas, Juliann Szablewski, Terran Wertz, LEWIS; Tracy Carskadon, Samantha Geiger, Jilianne Hoekzema, Lisa Sand, Rachel Stoehr, NORTHERN KENTUCKY; Jordan Henley, Ashley Moore, Danielle Stockmaster, Kim Woodruff, SAINT JOSEPH'S; Mary Witte, Heather Zipparo, SIU EDWARDSVILLE; Cassandra Bartlett, Melissa Burgin, Heather Cooksey, Jennifer Finch, Lydia Flora, Jessica Jones, Erin Kutcosky, Amy Shoemaker, SOUTHERN INDIANA; Michelle Boldon, Naomi Bong, Rebecca Degener, Anne Favolise, Valerie Kelly, Jill Winkler, UW-PARKSIDE

ACADEMIC ALL-CONFERENCE SELECTIONS

2005-06 - 72

Sarah Bell, Meghan Crowe, Jennifer DeChellis, Rita Dixon, Jean Dolan, Kelsey Grizzle, Katie Hickey, Jennifer Hoban, Natalie Kimberlin, BELLARMINE; Jessica Stong, Elizabeth Hurford, Emily Grindelund, Emily Schmittel, Christina Hirt, Jaimee Hoffman, Veronica Bible, Gabrielle Wilson, DRURY; Abra Adragna, Karen Bower, Elaine Campbell, Dorothy Fernandez, Ashley Flake, Ashley Huey, Miranda Loney, Amy Remsburg, Jennifer Turner, Lyndsey Weller, INDIANAPOLIS; Tenleigh Ayers, Theresa Dexl, Amanda Hammond, Becky Herbert, Terran Wertz, LEWIS; Kylee Hyzer, Katy MacMann, Wendy Moore, Dana Narconis, Ashley Rasmussen, Beverly Ruedy, Laura Ruf, MISSOURI S&T; Terri Arlinghaus, Lindsey Bendure, Tracy Carskadon, Julianne Hoekzema, Rose Morgan, Lisa Sand, NORTHERN KENTUCKY; Emma Eilts, Jordan Henley, Ashley Moore, Danielle Stockmaster, Kim Woodruff, SAINT JOSEPH'S; Stacey Briggs, Alicia Riggs, Heather Zipparro, SIU EDWARDSVILLE; Sarah Baysden, Missy Burgin, Jennifer Finch, Lydia Flora, Carrie Leimberger, Allison Shafer, Amy Shoemaker, Marcia Weflen, SOUTHERN INDIANA; Naomi Bong, Valerie Kelly, Jessica Lamp, Susie Potthast, Becky Degner, Brooke Strickland, Mandy Murray, Emily Junion, Heidi Andersen, Lauren Davis, Jill Winkler, UW-PARKSIDE

2006-07 - 82

Sarah Bell, Stephanie Clouser, Kerri Daly, Jennifer DeChellis, Jean Dolan, Kelsey Grizzle, Katie Hickey, Jennifer Hoban, Natalie Kimberlin, Trish Todd, BELLARMINE; Stephanie Cowherd, Elizabeth Hurford, Emily Schmittel, Christina Hirt, Jaimee Hoffman, Gabrielle Wilson, Jessica Zephyrs, DRURY; Abra Adragna, Karen Bower, Elaine Campbell, Ashley Clifford, Dorothy Fernandez, Shay Hyland, Miranda Loney, Leann Sarka, Lauren Sewell, Lindsey Sitzman, Jennifer Turner, Lyndsey Weller, INDIANAPOLIS; Natattie Allen, Natalie Hodges, Morgan Whitney, KENTUCKY WESLEYAN; Theresa Dexl, Amanda Hammond, Becky Herbert, Kristin Johnson, Renee Koziol, Kelle Lederman, Terran Wertz, LEWIS; Jamie Calvert, Kylee Hyzer, Katy MacMann, Wendy Moore, Laura Ruf, MISSOURI S&T; Lindsey Bendure, Alisha Hansman, Julianne Hoekzema, Janice Laker, Rose Morgan, Ariana Reid, Jenna Siemer, NORTHERN KENTUCKY; Jenna Helton, Jordan Henley, Jacqui Mohr, Amanda Moore, Ashley Moore, Danielle Stockmaster, Kim Woodruff, SAINT JOSEPH'S; Stacey Briggs, Kayla Brown, Heather Hackel, SIU EDWARDSVILLE; Missy Burgin, Lauren Crick, Kathy Goebel, Carrie Leimberger, Katie McKinney, Allison Shafer, Amy Shoemaker, Brittany Stellhorn, Marcia Weflen, Sarah Whiteman, SOUTHERN INDIANA; Jessica Enderby, Heidi Ertl, Naomi Fulton, Valerie Kelly, Jessica Lamp, Melissa Nilles, Susie Potthast, Becky Degner, Kim Degener, Le'erin Voss, Jill Winkler, UW-PARKSIDE

2007-08 - 71

Sarah Bell, Lindsay Boyce, Stephanie Clouser, Jennifer DeChellis, Jean Dolan, Katie Hickey, Lauren Kleinert, Lisa Miville, Cristin Samuels, Meghan Shagena, BELLARMINE; Lindsey Bennett, Stephanie Cowherd, Sooner Davenport, Elizabeth Hurford, Stephanie Pickett, Tia Young, DRURY; Abra Adragna, Hilary Biggar, Kaitlin Boestar, LeAnn Sarka, Bethany Schroeder, Lindsey Sitzman, INDIANAPOLIS; Natalie Allen, Morgan Whitney, KENTUCKY WESLEYAN; Theresa Dexl, Kathryn Hague, Rebecca Herbert, Kristin Johnson, Elizabeth Tamulewicz, Terran Wertz, Angela Whalen, LEWIS; Rebecca McNally, Samantha Schussele, MISSOURI S&T; Chelsea Berry, Chelsea Cantrall, Samantha Geiger, Alisha Hansman, Julianne Hoekzema, Janice Laker, Rose Morgan, Jenna Siemer, NORTHERN KENTUCKY; Jenna Helton, Jacqui Mohr, Amanda Moore, Ashley Moore, Danielle Stockmaster, Kim Woodruff, SAINT

JOSEPH'S; Stacey Briggs, Stephanie Briggs, Kayla Brown, Heather Hackel, Lindsey Mulvey, SIU EDWARDSVILLE; Mary Ballinger, Sarah Baysden, Lauren Crick, Meagan Scheidler, Marcia Weflen, Sarah Whiteman, Lacy Williams, SOUTHERN INDIANA; Hope Christie, Kim Degener, Heidi Ertl, Naomi Fulton, Valerie Hubbard, Jennifer Kindt, Jessica Lamp, Angela Peterson, Le'erin Voss, Jessica Enderby, Brittany Glassburn, Lauren Shorey, UW-PARKSIDE

2008-09 - 55

Stephanie Clouser, Brianna Foster, Lauren Kleinert, Lisa Miville, Cristin Samuels, Meghan Shagena, BELLARMINE; Katherine Berkbigler, Stephanie Cowherd, Bah-He-Toya-Mah Davenport, Melissa Hollon, Colleen Pickett, Samantha Swift, Tia Young, DRURY; Kaitlin Boester, Lindsay Houvener, Angela Johnson, Stephanie Kennedy, Christie Nurkowski, Laura Riggins, Lindsey Sitzman, INDIANAPOLIS; Morgan Whitney, KENTUCKY WESLEYAN; Julie Jarrett, Ashley Lucas, LEWIS; Katie Bruce, Paige Kruse, Rebecca McNally, Kassie Osborne, Samantha Schussele, MISSOURI S&T; Tarah Cole, Alisha Hansman, Janice Laker, Jerrica Maddox, Rose Morgan, Jenna Siemer, NORTHERN KENTUCKY; Kayla Hanke, Kara Kerschen, Jacqueline Mohr, SAINT JOSEPH'S; Mary Ballinger, Sarah Baysden, Heather Beard, Lauren Crick, Adrienne Curtis, Jaclyn Henderson, Allison Shafer, Marcia Weflen, Sarah Whiteman, Lacy Williams, SOUTHERN INDIANA; Heidi Ertl, Hope Christie, Jessica Monson, Kimberly Degener, Le'erin Voss, Jennifer Kindt, Angela Adams, Brittany Glassburn, UW-PARKSIDE

2009-10 - 84

Lindsay Boyce, Stephanie Clouser, Molly Culbertson, Kristin Hamrick, Megan Kaiser, Lauren Kleinert, Jenna Lee, Kelsey Love, Lisa Miville, Angela Musk, Cristin Samuels, Meghan Shagena, Sarah Turi, Briana Ulanowski, BELLARMINE; Lindsey Bennett, Katie Berkbigler, Alli Brooks, Stephanie Cowherd, Lindsay Dukewits, Melissa Hollon, Colleen Pickett, Brenda Varela, Tia Young, DRURY; Emily Bernstein, Kaitlin Boester, Stephanie Cave, Natalie Chamberlain, Kim Condra, Lindsay Houvener, Stephanie Kennedy, Christie Nurkowski, Courtney Raypole, Laura Riggins, Emily Wright, INDIANAPOLIS; Morgan Whitney, KENTUCKY WESLEYAN; Julie Jarrett, Kellsi Howell, Amanda Porter, Amy Clawson, Kathryn Hague, Stephanie Smith, Genevieve McBride, Ashley Lucas, LEWIS; Jes Banda, Ashley Durbin, Laura Ewersmann, Tara Johnson, Kristen Marklin, Jasmine Schmidt, MARYVILLE; Lisa Barrett, Rachel Feist, Elizabeth Hinck, Paige Kruse, Lisa Lake, Mindy Lake, Rebecca McNally, Kassie Osborne, Samantha Schussele, MISSOURI S&T; Tarah Cole, Alisha Hansman, Kayla Justice, Janice Lake, Jerrica Maddox, Jenna Siemer, NORTHERN KENTUCKY; Kirsten Hart, Kelli Lippold, SAINT JOSEPH'S; Mary Ballinger, Heather Beard, Lauren Crick, Adrienne Curtis, Leslee Getts, Emily Haines, Jackie Henderson, Sarah Karges, Lauren Minor, Allison Shafer-Krieger, Sarah Whiteman, SOUTHERN INDIANA; Hope Christie, Heidi Ertl, Brittany Frederick, Victoria Herrera, Miranda Melville, Roxanne Stratenworth, Le'erin Voss, UW-PARKSIDE

2010-11 - 103

Heidi Blocker, Lindsay Boyce, Stephanie Clouser, Molly Culbertson, Kristin Hamrick, Megan Kaiser, Jenna Lee, Kelsey Love, Carissa Martin, Lisa Miville, Angela Musk, Meghan Shagena, Virginia Steilberg, Sarah Turi, Briana Ulanowski, BELLARMINE; Katie Berkbigler, Alli Brooks, Lindsay Dukewits, Melissa Hollon, Lauren Jones, Colleen Pickett, Laura Ritthamel, Rebecca Senn, Brenda Varela, Maggie Wilmes, Samantha Winfrey, Katelyn Wojan, Tia Young, DRURY; Emily Bernstein, Kaitlin Boester, Stephanie Cave, Natalie Chamberlain, Kimberly Condra, Lindsay Houvener, Stephanie Kennedy, Christie Nurkowski, Jenifer Patrick, Courtney Raypole, Laura Riggins, Brittany Wells, Haley Wittig, INDIANAPOLIS; Kali Bonner, Brittany Clark, Tiffany Clark, Raley Owens, Taylor Owens, KENTUCKY WESLEYAN; Amy Clawson, Ciersten Deardorf, Emily Gallup, Cecilia Garcia, Julie Jarrett, Sarah Kearney, Ashley Lucas, Genevieve McBride, LEWIS; Jessica Banda, Deidra Jarman, Tara Johnson, Paige Luebbert, Kristen Marklin, Jasmine Schmidt, Justine Seidel, MARYVILLE; Lisa Barrett, Brenda Ellis, Rachel Feist, Lisa Lake, Mindy Lake, Rebecca McNally, Kassie Osborn, Codee Pedersen, Samantha Schussele, MISSOURI S&T; Kelsey Gaffney, Alisha Hansman, Kelly Johnson, Kayla Justice, Jerrica Maddox, NORTHERN KENTUCKY; Jaclyn Barnhouse, Ashley Seagreen, Alyssa Wield, Pasha Yates, QUINCY; Kirsten Hart, Kelli Lippold, Katie DeBoy, Trisha Hanlon, Kristina Hemmerling, Morgan Kleinaman, SAINT JOSEPH'S; Heather Beard, Adrienne Curtis, Kirsten Gray, Emily Haines, Chelsea Heibel, Jaclyn Henderson, Brittany Karges, Kaylee McClanahan, Lauren Minor, Jordan Mornout, Madison White, SOUTHERN INDIANA; Hope Christie, Danielle Dietz, Heidi Ertl, Brittany Frederick, Caroline Harvey, Miranda Melville, Roxanne Stratenworth, UW-PARKSIDE

2011-12 - 105

Heidi Blocker, Lindsay Boyce, Molly Culbertson, Emily Frith, Megan Kaiser, Jenna Lee, Kelsey Love, Carissa Martin, Angela Musk, Flannery Musk, Virginia Steilberg, Briana Ulanowski, Rachel Whitman, BELLARMINE; Katie Berkbigler, Alli Brooks, Lindsay Dukewits, Melissa Hollon, Lauren Jones, Halie McCarter, Hannah Montgomery, Hannah Sebold, Rebecca Senn, Samantha Swift, Brenda Varela, Maggie Wilmes, Carly Wingert, Katelyn Wojan, DRURY; Emily Bernstein, Stephanie Cave, Natalie Chamberlain, Kim Condra, Jacklyn Howland, Christie Nurkowski, Courtney Raypole, Hannah Rucker, Brittany Wells, Haley Wittig, INDIANAPOLIS; Kali Bonner, Brittany Clark, Tiffany Clark, Raley Owens, Taylor Owens, KENTUCKY WESLEYAN; Amy Clawson, Ciersten Deardorf, Julie Jarrett, Sarah Kearney, Ashley Lucas, Genevieve McBride, Meghan Nicol, Kayla Patterson, Amanda Porter, Elizabeth Roush, LEWIS; Jessica Banda, Deidra Jarman, Tara Johnson, Jasmin Schmidt, Justine Seidel, Kristin Marklin, Ashley Schmittzehe, MARYVILLE; Colleen Conrad, Madayn Elliott, Brenda Ellis, Lisa Lake, Mindy Lake, Codee Pedersen, MISSOURI S&T; Clare Field, Kelsey Gaffney, Kaitlyn Hooper, Kristyn Hooper, Kelly Johnson, Kayla Justice, Lindsay Mumley, NORTHERN KENTUCKY; Jaclyn Barnhouse, Kristen Dippold, QUINCY; Kirsten Hart, Kelli Lippold, Katie DeBoy, Trisha Hanlon, Morgan Kleinaman, Jessica McClwaint, Frehiwet Negassi, Andrea Strang, SAINT JOSEPH'S; Adrienne Curtis, Kristen Gray, Emily Haines, Chelsea Heibel, Jaclyn Henderson, Skylair Hilton, Kaylee McClanahan, Lauren Minor, Jordan Mornout, Augusta Schrader, Ladi Stallard, Madison White, Leah Woodbury, SOUTHERN INDIANA; Katherine Becker, Hope Christie, Danielle Dietz, Brittany Frederick, Jennifer Kindt, Taylor Miller, Jessica Watychowicz, Amanda Zittleman, UW-PARKSIDE; Loren Archibeque, McKenzie Reagan, WILLIAM JEWELL

ACADEMIC ALL-CONFERENCE SELECTIONS

2012-13 - 117

Jasmine Athanasakes, Kara Atwell, Rachel Clemons, Molly Culbertson, Emily Frith, Cynthia Kiefer, Megan Kaiser, Jenna Lee, Carissa Martin, Angela Musk, Flannery Musk, Virginia Steilberg, Sarah Turi, Briana Ulanowski, Rachel Whitman, BELLARMINE; Alli Brooks, Lindsay Dukewits, Sari Higgins, Lauren Jones, Hannah Montgomery, Hannah Sebold, Rebecca Senn, Brenda Varela, Maggie Wilmes, Carly Wingert, Katelyn Wojan, DRURY; Haley Baughman, Emily Bernstein, Stephanie Cave, Natalie Chamberlain, Kimberly Condra, Haley Havert, Jacklyn Howland, Sutton Knapp, Jennifer Lewis, Courtney Raypole, Samantha Rush, Bailey Shear, Emily Thornton, INDIANAPOLIS; Tiffany Clark, Brittany Clark, Taylor Owens, Raley Owens, KENTUCKY WESLEYAN; Arely Castillo, Amy Clawson, Ciersten Deardorf, Paige Gatter, Sarah Kearney, Meghan Nichol, Kayla Patterson, Elizabeth Roush, Kaitlyn Sendzik, LEWIS; Taylor Dickerson, Lindsay Ganter, Kyla Gill, Samantha Hartnett, Lisa Henderson, Victoria Hunt, Tara Johnson, Elizabeth Kiblinger, Alexis Kiefer, Amanda Lappe, Paige Lubbert, Emily Mauch, Kelly Martin, Kellie McCarthy, Ashley Schmittzehe, Justine Seidel, Sheena Simpson, MARYVILLE; Gretchen Buehrle, Christine Cunningham, Megan Doty, Lauren Ewart, Hannah Inyart, Ciera Landolt, Anne Nikola, MCKENDREE; Rachel Feist, Lisa Lake, Mindy Lake, Montana Long, Alyson Smith, Diane Strong, Allie Wood, MISSOURI S&T; Elizabeth Clow, Shelby Hoiness, QUINCY; Katie DeBoy, Trisha Hanlon, Kirsten Hart, Kelli Lippold, Morgan Kleinaman, Jessica McElwain, Frehiwet Negassi, Andrea Strang, SAINT JOSEPH'S; Jamie Adkins, Kristen Gray, Skylair Hilton, Madeline Kriz, Kaylee McClanahan, Lauren Minor, Jordan Mornout, Augusta Schrader, Ladi Stallard, Madison White, Leah Woodbury, SOUTHERN INDIANA; Katherine Becker, Rachel Bullis, Danielle Dietz, Taylor Miller, Kelsey Steenstrup, Haley Thorpe, Jessica Watychowicz, Amanda Zittleman, UW-PARKSIDE; Jessica Connerly, Lauren Grubb, Jessie Johnson, McKenzie Reagan, Jessica Shockley, WILLIAM JEWELL

2013-14 - 135

Jasmine Athanasakes, Rachel Clemons, Emily Frith, Cindy Kiefer, Flannery Musk, Olivia Reibel, Virginia Steilberg, Briana Ulanowski, Taylor Webb, Rachel Whitman, BELLARMINE; Jessie Barton, Sari Higgins, Jordyn Hoskins, Lindsey Hutchinson, Lauren Jones, Hannah Montgomery, Hannah Sebold, Rebecca Senn, Brenda Varela, Olivia Willoughby, Maggie Wilmes, Carly Wingert, DRURY; Jasmine Al-Anzi, Haley Baughman, Emily Bernstein, Haley Havert, Jacklyn Howland, Sutton Knapp, Jennifer Lewis, Jennifer Lynn, Samantha Rush, Bailey Shear, INDIANAPOLIS; Megan Burgener, Mollie Dalton, Ciersten Deardorf, Abby Dodis, Paige Gatter, Jaime Hershfang, Andrea Holm, Sarah Kearney, Lauren Loomis, Stephanie Nielsen, Kayla Patterson, Elizabeth Roush, Emily Vihnanek, LEWIS; Kyla Gill, Dani Hartnett, Samantha Hartnett, Lisa Henderson, Rachael Huck, Deidra Jarman, Tara Johnson, Elizabeth Kiblinger, Alexis Kiefer, Amanda Lappe, Emily Mauch, Ashley Schmittzehe, Justine Seidel, Sheena Simpson, Kari Wiegmann, MARYVILLE; Christine Cunningham, Megan Doty, Lauren Ewart, Tori Fulgham, Hannah Inyart, Kaitlyn Schutt, MCKENDREE; Crystal Beffa, Madalyn Elliott, Brenda Ellis, Katelyn Fricke, Megan Schulte, Alyson Smith, Diane Strong, Jordan Thompson, Allie Wood, MISSOURI S&T; Jaclyn Barnhouse, Elizabeth Clow, Teresa Gorrell, Shelby Hoiness, Elizabeth Leden, QUINCY; Amy Meyers, Nicky Alfonsin, Beverly Ziegler, Audrey Fiudo, Shannon Streckler, Sarah Nickman, Anne Marie Haman, Marissa Leonard, Marie Storer, Adelaine Holdmeyer, Katy Sosna, Allison Streich, Ally Walker, ROCKHURST; Rachel Bartz, Madelin Biddle, Allison Boyle, Cheryl Broch, Katie DeBoy, Trisha Hanlon, Kelli Lippold, Jessica McElwain,

Frehiwet Negassi, Andrea Strang, SAINT JOSEPH'S; Jamie Adkins, Kristen Gray, Bailey Knable, Madeline Kriz, Kaylee McClanahan, Alyssa Moore, Jordan Mornout, Cathryn Peter, Augusta Schrader, Madison White, Carly Whitesell, Erika Wilson, SOUTHERN INDIANA; Miranda Biddle, Grace Bueckendorf, Emma Burditt, Katie Cloonan, Maddie Cloonan, Katie Hirsch, Kayci Parcells, Taylor Schulz, Katharine Siemer, Laura Tarantino, Lauren Westen, TRUMAN STATE; Danielle Dietz, Sarah Englund, Taylor Miller, Kelsey Steenstrup, Amanda Zittleman, UW-PARKSIDE; Lauren Grub, Jesse Johnson, Shelby Miller, Jessica Shockley, WILLIAM JEWELL

RUNNER OF THE WEEK HONORS

2006

Aug. 29: Allison Shafer, USI
 Sept. 4: Rose Jepkirui, NKU
 Sept. 11: Naomi Fulton, UWP
 Sept. 18: Valerie Kelly, UWP
 Sept. 25: Miranda Loney, UINDY
 Oct. 2: Allison Shafer, USI
 Oct. 9: Jill Winkler, UWP

2007

Aug. 27: Julianne Hoekzema, NKU
 Sept. 3: Kayla Brown, SIUE
 Sept. 10: Jessica Lamp, UWP
 Sept. 17: Naomi Fulton, UWP
 Sept. 24: Mary Ballinger, USI
 Oct. 1: Valerie Hubbard, UWP

2008

Aug. 25: Mary Ballinger, USI
 Sept. 1: Cristin Samuels, BU
 Sept. 15: Jessica Monson, UWP
 Sept. 22: Becky Herbert, LEWIS

2009

Sept. 7: Mary Ballinger, USI
 Sept. 15: Kathryn Hague, LEWIS
 Sept. 22: Jenna Siemer, NKU
 Sept. 29: Mary Ballinger, USI
 Oct. 6: Mary Ballinger, USI
 Oct. 13: Kathryn Hague, LEWIS

2010

Sept. 8: Kathryn Hague, LEWIS
 Sept. 14: Hope Christie, Jr., UWP
 Sept. 21: Jackie Henderson, Jr., USI
 Sept. 28: Hope Christie, Jr., UWP
 Oct. 5: Hope Christie, Jr., UWP
 Oct. 12: Meghan Shagena, BU
 Oct. 19: Hope Christie, Jr., UWP
 Oct. 26: Kathryn Hague, LEWIS

2011

Sept. 7: Jackie Henderson, Sr., USI
 Sept. 13: Hope Christie, Sr., UWP
 Sept. 20: Angela Musk, Jr., BU
 Sept. 27: Hope Christie, Sr., UWP
 Oct. 4: Stephanie Cave, UINDY
 Oct. 11: Emily Frith, BU
 Oct. 18: Jackie Henderson, Sr., USI

2012

Sept. 4: Angela Musk, Sr., BU
 Sept. 11: Angela Musk, Sr., BU
 Sept. 18: Angela Musk, Sr., BU
 Sept. 25: Kristen Dippold, So., QU
 Oct. 2: Angela Musk, Sr., BU
 Oct. 9: Jessica Watychowicz, Jr., UWP
 Oct. 16: Erika Wilson, Jr., USI

2013

Sept. 10: Sutton Knapp, Sr., UINDY
 Sept. 17: Amanda Garrough, Fr. LEWIS
 Sept. 24: Emily Firth, Jr., BU
 Oct. 1: Sari Higgins, Sr., DU
 Oct. 8: Emily Firth, Jr., BU
 Oct. 15: Sari Higgins, Sr., BU
 Oct. 22: Erika Wilson, Jr., USI